

# The Bay of my life®

Invisible connections

Mother's final lesson

Documentary film





*Preserving trees and species*

is **caring** for human life.

**We honor nature and those who take care of it.**



## SYNOPSIS

A woman returns home to her mother, who is farewellling life. On her journey, she discovers much more than her family's legacy. Guided by people who take care of nature, whom she calls 'Guardians', she crosses mountains, jungles and the depths of the ocean, where each encounter is an adventure that reveals the interconnection between everything and time seems to fade away.

'The bay of my life' intertwines human existence with nature, revealing a dance between the beginning and the end of life.

Will the daughter be able to understand the message her mother left her?

## Short SYNOPSIS

A 92-year-old woman prepares for her last day of life, while her daughter seeks to understand what allows her to say goodbye in peace.



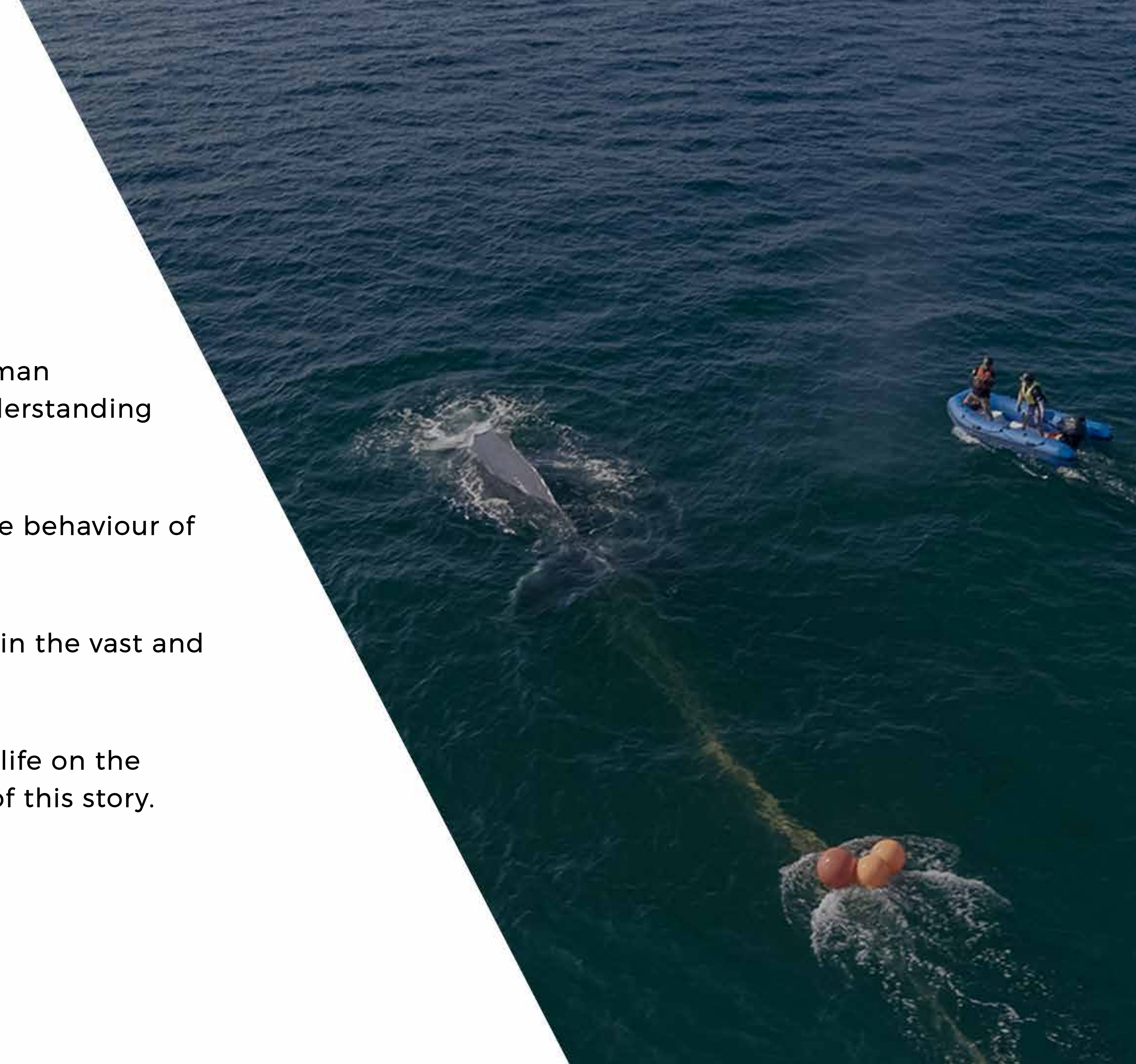
Puerto Vallarta and  
Bahía de Banderas, **México.**

A unique story that is universal.



## DIFFERENTIATORS

1. Explores how feminine wisdom and our human connection to nature can transform our understanding of life and death.
2. Disseminates scientific discoveries about the behaviour of the region's flora, fauna and ecosystems.
3. Captures the rescue of an entangled whale in the vast and challenging ocean.
4. Honours people whose dedication protects life on the planet, which makes them the protagonists of this story.



# WHAT IS 'THE BAY OF MY LIFE'?

A documentary that awakens deep emotions and provokes reflections that touch the human spirit, showing us the beauty of our interdependence with nature.



"A powerful human representation of our connection to and dependence on nature, filmed in a paradise. It's a story of how a mother shows her daughter that we are all nature— that's where we come from and that's where we'll return."

**Israel Villalpando**  
Senior VP, On Location / Endeavour  
Lausanne, Suiza

"I hope this film is seen by everyone so that they can connect with their inner selves and with nature."

**Berenice Delgado**  
Human development and sustainability consultant

"Speechless. Incredible and beautiful documentary, drawing parallels between a mother's journey and the natural wisdom she passes on to her daughter. "

**Daphne Schmon**  
Film director and founder of  
Breaking Through the Lens  
London, England



*The Mother Earth is medicine*  
for the **body**, the **mind** and the **spirit**

# GARDIANS AND PROTAGONISTS



**Mati Covarrubias**  
Original Idea, Host-Naturalist



**Dr. Téllez López**  
Guardian of the Cuale Sierra



**Lupita Sánchez de Covarrubias**  
Mati's Mother, great-granddaughter  
of the founder of Puerto Vallarta (RIP)



**Iliana Fonseca**  
Biologist specializing  
in the giant manta ray  
(*Móbula Birostris*)



**Cynthia Martínez**  
Biologist specializing  
in endemic plants of the sierra



**Astrid Frisch**  
Biologist specializing  
in whales



**Mónica Rivas**  
Biologist specializing  
in the cloud forest



**Jorge Novoa**  
Guardian of macaws and  
responsible for their nest construction



**Jaime Torres**  
Wetlands specialist and guardian of  
El Salado estuary



**Toño Ramírez**  
Turtle Guardian



**Ricardo Chávez**  
Guardian of the Sierra Madre



Macaws



Giant Manta Rays



Whales and Dolphins



Turtles



Trees

# TECHNICAL ASPECTS

Production: 2021 - 2024

Production Location: Jalisco, México

Duration: 88 minutes (including credits)

Full HD and 4K Format, Dolby Atmos  
5.1 and Stereo

Language: Spanish

Dubbing: English and Portuguese

Subtitles: Spanish and English

Trailer: Spanish, English, and Portuguese





# *Mati Covarrubias*

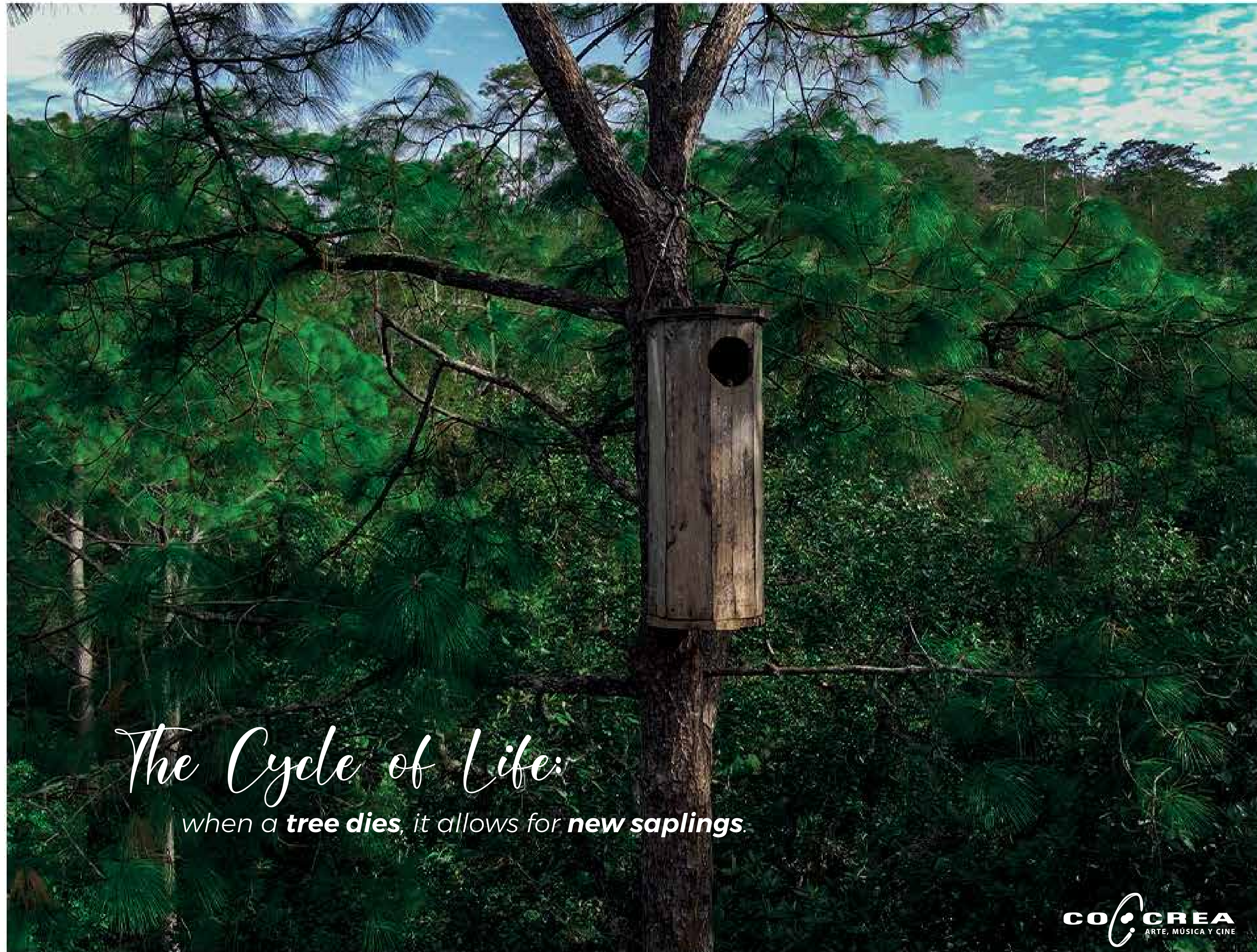
**Filmmaker, Music Producer, Speaker, Entrepreneur and Visionary**

**The Bay of My Life** is her debut feature film. Her work unites art and consciousness, exploring the connection between human being and nature.

Currently, Mati is developing her second production, consolidating an impactful filmography.



*There's no answers*  
only **harmony** and **movement**.



*The Cycle of Life:*  
when a **tree dies**, it allows for **new saplings**.

*Individual and indivisible.*

from the **sun**, the **sea**, the **earth**, and the falling **water**...

## CREDITS

### MATI COVARRUBIAS

Director, producer, screenwriter, director of photography and narrator

#### JOSÉ FRANCISCO GUTIÉRREZ

co-director, co-producer, co-screenwriter, director of photography and editor

#### PEDRO PABLO HERNÁNDEZ

co-director

#### CLAUDIA SÁNCHEZ MUSI

co-screenwriter

#### JORGE DÍAZ SÁNCHEZ

second unit director

#### ISABELLA HERNÁNDEZ

director of photography and principal camera

#### IVÁN NIKODIJEVIC

director of photography, sound designer and sound mixer

#### ARTURO ARVIZU

music co-producer

#### SAMUEL RESENDIZ

underwater photographer

#### SEBASTIÁN TRON

drone photographer

#### MIGUEL VILLEGAS

drone photographer

#### MARISOL GARCÍA ROMERO

'B' camera operator

#### CRISTIAN REYES

second editor

#### ABNER SARABIA

audio editor, sound designer and music supervisor

ORIGINAL SOUNDTRACK: MATI COVARRUBIAS



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